

Mexico 2026

Packing List

Work Site Stuff

Toolbelt/Nail Apron
Work gloves
Protective eyewear/sun glasses
Hammer (16 oz or larger)
Carpenter's pencil
25-foot tape measure
Utility Knife
Long Pants (no shorts on worksite)
Work shirts (t-shirts)
Underwear things
Work socks
Sturdy closed-toed shoes
Hat/Bandana
Insulated water bottle
Sunblock
Chapstick
Knee Pads*
Dusk Mask (for insulation)*

Other REQUIRED Things

Passport (100% required)
Sleeping Bag & Air or Foam Mattress**

Please Don't Bring The Following Items

Pants with holes in them
Leggings or spandex shorts/pants
Hair dryers, Curling irons, Hair straighteners, etc.
Weapons of any kind

****Bedding Info****

Trying to pack a sleeping bag and air/foam mattress in your suitcase or carry on will be difficult and will put you over the 50 lb. limit for

Other Clothes & Things

Pillow
Shorts (nothing too short)
T-shirts (no sleeveless or tank tops)
Underwear things
Socks
Sandals/Flip-flops
Soap
Shampoo
Towel
Deodorant
Toothbrush & Toothpaste
Contacts/Glasses
Prescription medication (if needed)
Wet wipes*
Ear plugs* (some people snore)
Flashlight*

not required but can be helpful

your checked bag, we won't be taking them to Mexico. But you will need them for our overnight in Chicago. So please bring a sleeping bag and air or foam mattress to Chicago. We will then leave them at Calvary Church for the week and pick them up on our way home.

The place where we are staying (The SHOC) has bunk beds with mattresses. We will be ordering 20 \$10 sleeping bags. That cost is built into the overall cost of the trip. We will pick them up in El Paso before we head into Mexico. We will bring them back into the US and use them for our overnight stay in El Paso before donating them to a local outreach center.